CURRICULUM VITAE

1. Name: ARIJIT GARAI

2. Father's Name: MADHU GARAI

3. Date of Birth: 11/08/1991

4. Nationality: INDIAN Caste: OBC B

5. Postal Address: Vill+P.o= Muchisha, Dist= South 24 Parganas, Pin=743377, State =

West Bengal

6. Contact Number: 9831666201

7. Email address: arijitgarai11@gmail.com

8. Educational Qualification: (Matriculation Onwards)

Sl. no	Exam passed	Board/University	Year of	Percentage	Subject
			passing	(%)	
1	Madhyamik	WBBSE	2008	68.62	
2	HS	WBCHSE	2010	78	
3	B.SC	Budge Budge	2013	68.5	Food and Nutrition
		College (CU)			(Hons)
4	M.Sc	Calcutta	2015	70	Food and Nutrition
		University			

Working Experience:

- **1.** 8 Months working as a "**Field Associated**" under **Child In Need Institute** (**CINI**) Urban Health unit.
- 2. Engagement of **temporary part time teacher** in Behala College from January 2018 to till now.

NET: NET exam qualified for Assistant professor only.(July,2016)
NET exam qualified for Assistant professor only.(January,2017)
NET exam qualified for Assistant professor and JRF.(December,2019)

<u>Workshop Attend:</u> One day workshop on CBCS organised by Dept. of Home science and Under Graduate Board of Studies in Food and Nutrition

INTERNSHIP

Subject	Name of institution	
Training for dietician	Nightingale Diagnostic and Medicare	
	centre Pvt.	

TRAINING: COMPUTER TRAINING

Subject	Name of Institution
Certificate In Information Technology Application	Budge Budge Youth Computer Training Centre
D.T.P	Brain Point Computer Training Centre

SEMINAR ATTEND

Name of institution	Topics
CU Dept. of Home Science	Research methodology and Statistical techniques
CU Dept. of Home Science	Tools and Technique of survey Research
CU Dept. of Home Science	One day seminar on the occasion of National Nutrition week
Nutrition Society of India	Food and Nutrition Security, Thus Far and Fruther

Paper: 1. Sahoo.A, Garai. A, and Datta. S, Estimation of Oxalate Content of Bottle Gourd Leaves, Indian Science Cruiser, Vol 33, No 3 (2019), Pages-41-44

EXTRA CURRICULAR ACTIVITIES:

- 1. **Sports** Participated in the World Run Day held at Kolkata.
- 2. **Sports-** Participated in Athletic Coaching Association of Bengal held at Yuba Bharati Krirangan, Salt Lake.